



A **Home** Like No Other

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About 105 Gibson

**105 Gibson Centre** is a 47,000 ft² Christian faith-based community centre that was started in October 2013. We are dedicated to serving all members of the community regardless of their ethnicity, religion, gender and background through six core units: Youth Services; Abundant Life Program for older adults; Community Needs (food bank, thrift store, free tax services); Community Classroom; Cultural Café and Sports Programs.

#### 105 Gibson Mission Statement

To serve the locals and those in need, and to share with them the compassion and hope of Jesus. (Micah 6:8, Luke 4:18-19)





#### 1. Comprehensive Services Offering

Offers a wide selection of social, educational and recreational services through our six core units of services. Users benefit from the advantage of enjoying multiple services under one roof, in one trip.

#### 2. Peer Support

Builds an inclusive community that is engaged in offering users companionship and care. Develop healthy and whole lives through meaningful dialogue with spiritual and emotional support.

#### 3. A Home like no Other

Serves as a second home and meeting place for our users to nurture friendship, learn, support and contribute toward all aspects of community life.

### Message

from REV. DR. HARDING NG

Senior Pastor of Toronto Christian Community Church Founder of 105 Gibson Centre

#### From Head to Hearts to Hands

Since 105 Gibson Centre's inaugural opening in 2013, we have been implementing Jesus' holistic model of community outreach and bringing shalom blessings to their physical, emotional and spiritual needs with God's compassion and hope!

It started with conceptual change in our own head, initiating philosophical, sequential and practical changes with ultimate paradigm shift. Though not easy, it was only by God's grace and His disciples' obedience that we have overcome many hurdles to cultivate this conviction!

Jesus' saying "It is more blessed to give than to receive" (Acts 20:35) is a conviction that has sunken deeper from head into many hearts! It is evident from the community's generosity in raising the necessary funds for our Phase 2 renovation and we are very grateful to God for His gracious provision. This renovation created

space for ministries with no designated space in Phase 1. Now, our Thrift Store has a permanent location and older adults can congregate in the Abundant Life Court specially designed for them.

We are even more thankful for the increasing number of workers, comprising of both professional staff and numerous volunteers from Toronto Christian Community Church, other churches or organizations. They have invested their time, energy, expertise and capacity to love, thus resulting in a warmer and more welcoming Centre! The conviction in their passionate hearts is overflowing through their caring hands. We praise God as we are seeing many lives being transformed by the compassion and hope of legis!

We are intentional to fulfill our biblical mandate of "... to act justly, to love mercy and to walk humbly with our God "( Micah 6:8 ) and

"... to proclaim good news to the poor... to proclaim freedom for the prisoners and recovery of sight for the blind... to set the oppressed free, to proclaim the year of the Lord's favor. " (Luke 4:18-19)

God willing, we envision the launching of Phase 3 in the near future. Your ongoing prayers, participation, volunteering, donation and support will be invaluable gifts and partnership in this journey of being the heart and hands of Jesus' compassion and hope, His redeeming love to this world! May our God be glorified!



### Message

from REV. JONATHAN CHAN

General Director of 105 Gibson Centre

### **Embrace and Relate: Creating a Sense of Home**

I read an article recently which included some key statistics<sup>(1)</sup>:

- In any given year, 1 in 5 Canadians will personally experience a mental health problem or illness;
- 4,000 people die prematurely each year by suicide. It is the leading cause of death for 15-24 years old Canadians, only second to accidents.

These numbers are frightening! We should be more connected than ever in a digital world. Yet, we feel more lonely and isolated in life.

There are many forms of isolation and loneliness in the community. Language, social barrier, dysfunctional relationships, transportation, poverty and prejudice are some of the many reasons behind them. In order to build a healthy

community, we need to embrace and relate to each other. This connection is vital to our wellbeing and mental health.

Where can people in our neighbourhood find a place that is safe and welcoming? A place where they can call their second home? There is a sense of connectedness which the bible calls shalom. Here at 105 Gibson Centre, we have been creating a home for the community in the past four years. Seniors, youth, newcomers and those who are less fortunate can come together to enjoy a space, build relationships, foster mutual support and share laughter! More services have been added as part of our Phase 2 expansion, but our mission remains the same. We want to build relationship with our neighbours and make friends with our users by appreciating each

other's background and responding to the needs of the community.

We share what we have and connect with others to do likewise. We hope for the best for the community and stay hopeful in the mist of challenges. Come join us, to be our users, supporters or volunteers. Everyone has a role to play in making the neighbourhood a more embracing home.

Chang.

Note: 1. https://cmha.ca/about-cmha/fast-facts-about-mental-illnes.



**105 Gibson Youth Services** nurtures local youth to become a healthy generation through building friendship, providing services to expand their horizons and to develop social skills and confidence.

#### **Youth Success Initiatives**

Provides free tutoring sessions every Saturday to low-income or local high school students struggling to succeed in Math, Science and ESL subjects in the Ontario curriculum.

#### **A Meal Together**

Builds friendship with other youth in the community over a free meal, sports and other activities. We welcome everyone aged 14-21 to join this weekly gathering.





# Abundant Life Program

**105 Gibson Abundant Life Program** serves the retired and semi-retired by bringing fulfillment, love and abundance to their lives. It offers a wide range of programs to expand their horizon and empower them for life-long continuous learning. It is our hope that they will be empowered to lead an active learning and communal life in their retirement years.

ALP covers 5 tracks of learning:

- Health and Wellness
- Literacy
- Arts and Crafts
- Spiritual and Life Concerns
- Community and Culture Enrichment





# Abundant Life Program

**105 Gibson Abundant Life Court** is a newly renovated space of 2,900 ft<sup>2</sup> dedicated to the ALP members, allowing them to learn and engage in social activites. It consists of rooms for workshops, classes or other meetings; a dance studio; two wellness clinics; and a reading and social corner to nurture friendship.





### Community Needs

**105 Gibson Community Needs** responds to the needs in the community, services include food bank, thrift store, free tax clinic and out of the cold.

#### **Food Bank**

Not only do we provide food to people who are struggling with hunger, we aim to build relationship through visitations and a support network by offering other needed services. We welcome donations of non-perishable food items.

#### **Thrift Store**

Partners with other organizations to provide Canadian retail experience for newcomers or other people in need. All items are donated and net proceeds go to support programs at the Centre.





## Community Needs

#### **Free Tax Clinic**

Trained volunteers provide free tax return service for eligible individuals and families in March and April.

#### **Out of the Cold**

Provides safe overnight refuge and warm hospitality to the less fortunate one night per week from January to March. Program starts at 105 Gibson in January 2019.







## Classroom

#### **105 Gibson Community Classroom**

provides opportunities for our neighbors to grow together by sharing their expertise with others in a joyful and enriching manner. Some of our classes include calligraphy, line dance, erhu, violin and indoor farming etc. From instructors to students, we welcome you to be part of this!







#### **Ruby, Community Class student**

The instructor's demonstration and the tempo of the music made it easy to learn dancercise. All my worries are totally left behind, giving me a refreshed body and mind.

### Cultural Café

105 Gibson Cultural Café promotes dialogue, creativity and celebrates cultures through food and cultural performances. The Café is operated by Joy Beyond Vision Community (JBVC). The visually impaired persons prepare a tasty and healthy lunch menu which includes their award-winning Hong Kong style milk tea. The Café hosts a local live band every Friday afternoon, everyone is welcome to join!

#### Café Hours:

Monday - Saturday 11 am to 7 pm Closed on Sundays and Statutory Holidays









## Facility Rental

**105 Gibson Facility Rental** offers short or long-term rental solutions with catering options. Our rooms range from 280 ft<sup>2</sup> to 6,800 ft<sup>2</sup> in size, providing you with plenty of options to host your event.





#### Annie, long term renter

Our sports team comprises of 100 members having eight practices altogether each week. It is very difficult to find gyms that can accommodate a team this size and practice frequency. We are glad to have used 105 Gibson's gym. Our team members and their parents like this place a lot.

### **Support Us**

**105 Gibson Centre** is thankful for the continuous support from the community. Looking forward, we will continue to thrive to be our neighbour's second home. We welcome you to join us and be a force that transforms lives in the community.

#### **Be our Volunteers**

Volunteers spend an average of 1,540 hours each month to assist with our programs and activities. We welcome volunteers from all ethnic background to sign up to volunteer in delivering services to the community.



#### Winnie, Centre volunteer

My outgoing personality fits me well as a reception volunteer and I can exercise my mental arithmetic at the Thrift Store. I also translate articles for the newsletter and invite my friends to the classes. These opportunities have enriched my retirement life and enhanced my sense of belonging to the Centre.

#### **Be our Partner**

105 Gibson Centre operates on a partnership-based platform. We welcome discussion with community groups on potential partnership opportunities.

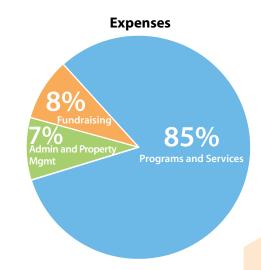
### **Support Us**





#### **Financial Support**

We welcome one-time or monthly financial support from individuals or corporations so that we can strategically plan for long-term development to benefit more people. Please contact us or donate directly online at www.105gibson.com



#### Be our...

- Prayer angel
- User
- Volunteer
- Donor
- Ambassador
- Partner
- Facility rental sales or renter

Together we bless the community!

Support 105 Gibson





Volunteer

Support Us

#### **Hours of operation**

Monday - Friday 10 am to 10 pm Saturday 9 am to 10 pm Closed on Sunday and statutory holidays





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